



The Blundell PAC needs you!

The **Annual General Meeting** for the Blundell PAC is on **Friday, May 27.** We will be meeting **IN PERSON in the school library from 1:30-2:30pm.** Meeting topics will include:

- Review of past school year activities and finances
- Message from the principal
- Elections for next school year's PAC executive. The following roles are available (a detailed description of roles appear below)
 - Chair
 - Treasurer
 - Secretary
 - Hot lunch coordinator
 - Members at Large

After two years of pandemic-related restrictions, we are looking forward to building up our Blundell community. We hope you can be a part of it!

PAC JOBS AND DESCRIPTIONS

PAC Chair—this role may also be done as a Co-Chair (2 people can share the role)

- · Be a signing officer—sign cheques as needed by the treasurer
- Work closely with the PAC executive and our Blundell families
- Liaison with the school principal and staff
- Coordinate PAC events with the school principal
- · Set the agenda and chair each PAC meeting
- Establish a committee for fund raising events Secretary
- Take minutes at PAC meetings
- Prepare and read the minutes at the PAC meetings
- Maintain communication on the PAC bulletin board
- Assist in the hot lunch program (optional)

Treasurer

- Be a signing officer (sign cheques), write and keep track of cheques written for PAC expenses
- · Maintains an accounting ledger and provides a monthly expense sheet for each monthly meeting
- Deposit funds at the bank after each PAC fund raising event
- Complete the application for our school grant
- Ensure that the accounting procedures as laid out by the School District's PAC Treasurers' workshop are followed

Hot Lunch Coordinator

- To set a menu for the hot lunch program
- Distribute order forms, estimate the required food order
- · Coordinate with restaurants/vendors and order the food for the particular lunch day
- · Assist in the set-up, take down and clean-up of distributing the lunches
- · Count the funds collected and prepare a deposit form for the treasurer
- Oversee the hot lunch program with volunteers, from orders, cash counting, etc.

Vice Chair—not required, recommended

- Assume the responsibilities of the Chairperson in the Chairperson's absence or upon request
- Assist the Chairperson in the performance of his/her duties
- Act as a signing officer
- · Accept extra duties as required

Member at Large—not required, recommended

- Attend PAC meetings
- · Support PAC executive with hot lunches, fund raising, and other programs as required

Daily Health Check What to Do When Sick

Daily Health Check

Everyone going into a school or site must complete a daily health check, including staff, students, and visitors. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- · Body aches

- Cough
- Sore throat
- Sneezing
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting
- Diarrhea
- If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools and worksites.

You can attend school/work if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities, AND
- You are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about <u>Rapid Antigen Test results</u>.

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the <u>Self-Assessment Tool</u>, contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on who testing is recommended for.



noolsd38.bc.ca/covid-19