



Sports Day Schedule

8:45am Attendance

9:10am Wheels Parade--bring your wheels (scooter, rollerbaldes, skateboard, bike--decorated--

bring it to the gym

9:50am Stations start

11:20am Last station

11:45am **Lunch time**--all students provided with lunch. Families encouraged to pack lunch and have a picnic with family and friends.

12:30pm Students return to class for attendance

12:45pm Activities on the back field

1:20pm Return to class

1:30pm DISMISSAL



Grade 7 Farewell Celebration

Friday, June 24th @ 9am Assembly for families and the school community Photo ops for Gr. 7 family and friends Grade 7 Activities as a farewell

Bobcat Spirit Day!!

Blundell Elementery

When: Wednesday June 15th



Join us on Wednesday and show off your Bobcat spirit! Show off your crazy hair to your friends and teachers!



Please report any lates, absences, early dismissals to our **Early Warning Line** at **604-668-6159**

Let us know your child's name, division WHY they are away and for how long. If your child will be arriving late, please drop them at the main office so that attendance can be adjusted accordingly.

HAVE YOU CHECKED OUT THE BLUNDELL WEBSITE?

- get the latest news
- check out the latest WAG
- calendar events
- important information and
- much, much more!

HERE blundell.sd38.bc.ca

THANK YOU....

.... for all of the amazing hot lunches that you have orgranized for us this year. For providing each class with funds to take part in various activities. For making our time at Blundell fun!

OFFICE MONITORS

To our office monitors who answer the phones and help students and staff. This allows Ms. Kwok to have lunch! MORNING ANNOUNCERS

To our morning announcers who bravely speak out loud to an audience of over 200 people. Thank you for keeping us up to date about our school happenings!



To our staff that have supervised extra curricular activities that have included: chess, sports, 3-D printing, library monitors

Mr. Chu, Mr. Brown, Ms. Chan and Mr. Dennis



Who will be Canada's Most Active Community?



Make Richmond Canada's Most Active Community!

Calling all families, friends, neighbours and fellow community members! It's time to get up and get moving with the ParticipACTION Community Better Challenge. The goal of this nationwide initiative is to help communities get active and have fun.

The rules of the challenge are simple: download the free ParticipACTION app through the Apple App Store or Google Play Store. Sign up with your Richmond postal code to rack your activity from June 1 to 30. Go for a walk on a trail or in a park, participate in a fitness class, splash around with friends at the pool, bike, golf, take a fitness class, workout in the gym, play tennis or pickelball to get active and win prizes!

Count whatever gets you moving. Be sure to track every active minute, every day.

Richmond

Learn more www.richmond.ca/participACTION

NOTICE OF LATE RETURN

If your child will be returning late to school--later than 12pm noon on Wednesday, September 7th and **ON** or **BEFORE** Wednesday, September 14th. Please be sure to complete and submit the NOTICE of LATE RETURN form. If you need a copy of this form, please call the school office at 604-668-6562. NATIONAL INDIGENOUS HISTORY MONTH



National Indigenous Peoples' Day - June 21 In June, we commemorate National Indigenous History Month. During this month, take time to recognize the rich history, heritage, resilience and diversity of First Nations, Inuit and Métis Peoples across Canada

RAPSING A PANGA PANGA PANG

Pride Season is a term that refers to the wide range of Pride events that take place over the summer (June to September) when LGBTQ2 communities and allies come together to spotlight the resilience, celebrate the talent, and recognize the contributions of LGBTQ2 communities. Although special attention is put on the Pride events during the summer months, they happen throughout the year in many communities.

Daily Health Check What to Do When Sick

Daily Health Check

Everyone going into a school or site must complete a daily health check, including staff, students, and visitors. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- · Body aches

- Cough
- Sore throat
- Sneezing
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting
- Diarrhea
- If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools and worksites.

You can attend school/work if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities, AND
- You are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about <u>Rapid Antigen Test results</u>.

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the <u>Self-Assessment Tool</u>, contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on who testing is recommended for.



noolsd38.bc.ca/covid-19