

# UPDATES FROM THE PAC



# **ORDER NOW - MAY JUNE**

ONLINE ORDERING is OPEN for the next and last set of lunches. **DEADLINE: MAY 1**. You must ORDER and PAY by Monday, May 1! **munchalunch.com/schools/blundell**/

# **HOT LUNCH, SNACKS + FREEZIES**

Scheduled Friday Hot Lunches : May 5 - Pizza May 12 - Sushi & Rice bowls May 26 - Rice & Noodles

**Jun 2** - Pizza **Jun 9** - Pasta **Jun 23** - Sushi & Rice bowls

\$1 Freezie sales offered on sunny days after school Friday!



# **PARENT ZOOM CALL**

Blundell Parents are invited to an online session via Zoom on **Thursday May 11** at **6:30pm**. You can find out more about the importance of sexual health education for our children. This is a PARENT ONLY SESSION.



# **NEXT PAC MEETING**

**Friday, Apr 28** at 1:15pm in the school library. All parents are welcome and invited to share ideas, ask questions, give suggestions! Tell us your ideas for the next movie night! We welcome everyone!

blundell.elementary.pac@gmail.com

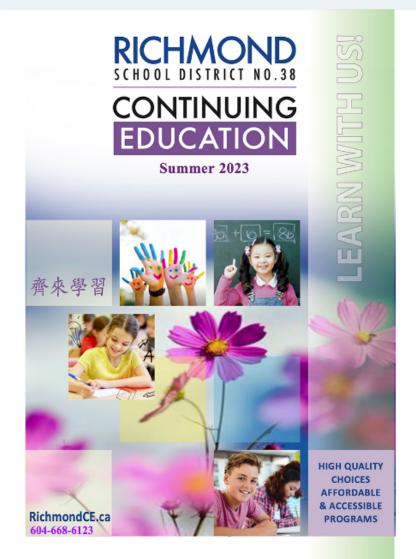
@Blundell Elementary-Families Group CODE: 6480

chat.whatsapp.com/KJRnWHMj8L598nkFj4RxKZ



# SD38 RICHMOND EDUCATION

# Summer 2023 Catalogue



Please check in with our <u>Continuing</u> <u>Education</u> <u>Department for</u> <u>SD38</u> to learn about all the opportunities available for students for Summer 2023.

RICHMOND

ICT NO.38 列治文教育局持續教育 Continuing Education (Mandarin Language Studies)

> 暑期 2023 國語中文課程 Summer in Mandarin



\*In Person: July 7 to August 18, 2023 (Fri) 3:45–5:30 PM (7 sessions) \*\*Online: July 8 to August 19, 2023 (Sat) 9:45–11:15 AM (7 Sessions)

Mandarin Read/Write 中文讀寫班 (Ages 5-12)

**Chinese Writing** 中文寫作班 (Ages 10-14)

Mandarin Conversation





國語會話班 (Ages 6-14)





The Royal Soccer Club, a registered non-profit community organization, is proud to host their 31st annual popular grassroots summer soccer day camps.

The program is designed to promote personal development, team building and of course, FUN! Uniquely designed to offer a soccer focus in the morning and a leisure swim with other organized activities in the afternoons to all children aged 5 to 13, the program operates during all weeks in July and August. For more information or to register, visit royalsoccerclub.com or call 1-800-427-0536.





## **Registration for September 2023** is Open Children born in 2019 may apply

Our preschool program is specifically designed for 4-year old children (born in 2019) to attend Just B4 with the hope of inspiring and supporting the creation of rich, joyful early childhood spaces. Our approach is emergent, play-based and focuses on children's natural inquiries.

"The image of the child is upheld in the belief that children are strong and capable in their uniqueness and full of potential."

#### PROGRAMS

Just B4 – Lee Elementary M/W/F Program (9:00 – 11:30 am)

Just B4 – Lee Elementary T/Th Program (9:00 – 11:30 am)

Just B4 – Grauer Elementary M/W/F Program (12:30 – 3:00 pm)

Just B4 – Grauer Elementary T/TH Program (12:30 – 3:00 pm)

#### APPLY ONLINE: https://sd38.bc.ca/programs/early-learningprograms/just-b4-preschool

# 🕫 🖸 sd38.bc.ca /Justb4



Rescheduled power outage (W02229569-02)

Location: 6480 BLUNDELL RD, RICHMOND

From: Sunday, May 7, 2023 01:00 PM(estimated) To: Monday, May 8, 2023 12:00 AM(estimated)

Reason: System Upgrade

Scheduled outage for Sunday, April 30th to Monday, May 1st is cancelled and reschedule to above date

#### Prepare for the outage

Before the outage begins, turn off electric heaters, major appliances and unplug sensitive electronics to protect them from damage. If you rely on electric medical equipment or access doors, have a plan to maintain use.

#### More ways to prepare

#### Why we plan power outages

Planned outages allow us to safely maintain and improve our electric system, which helps reduce the frequency of unplanned outages caused by storms and equipment failures. We understand that outages are inconvenient, and we appreciate your patience.

# MAY/JUNE HOT LUNCH

# ORDER NOW!

MUNCHALUNCH.COM/SCHOOLS/BLUNDELL/

# **DEADLINE: MAY 1**



# ORDER AND PAY BY MAY 1 FOR ALL HOT LUNCHES:

May 5 - Pizza Jun 2- Pizza

May 12 - Sushi, rice bowls Jun 9 - Pasta

May 26 - Rice & Noodles Jun 23 - Sushi, rice bowls

### YAY! FREE LUNCH FOR STUDENTS JUNE 16 - SPORTS DAY! SPONSORED BY THE PAC

#### **ORDER BY MAY 1**

WHY SO EARLY? We handle more
than 150 lunch orders EVERY WEEK!
Our parent volunteers need time to process the orders, make labels, coordinate with restaurants, and buy enough milk, juice and snacks.
AND they do this before EVERY FRIDAY!

#### DON'T FORGET

- Send a PLATE or CONTAINER on Pizza Day to help your child carry their pizza
- Send a FORK on other days to reduce waste!
- Your MunchaLunch also emails you reminders.



# SCAN HERE TO ORDER

or enter directly into your browser:

munchalunch.com/schools/blundell/

# ORDER AND PAYMENT MUST BE RECEIVED BY MAY 1!



Parents: we need your help every Friday! If you are available, please join us in the gym at 12noon to help distribute lunch and snacks. We appreciate your help and your child will love to see you too!

#### QUESTIONS

Contact the PAC: blundell.elementary.pac@gmail.com



# Talk Sex Today.

Body Science Boot Camp for Parents

Parenthood never arrives with a rulebook, and when it comes to explaining the world of sexual health to your child, it can be hard not to end up a bright shade of red. Using humor and straight talk in an open, interactive environment, Saleema Noon Sexual Health Educators will show you how easy it is to convey healthy, positive messages about sexual health to kids.

In this workshop parents will learn:

- Why we need to talk to children about sexual health at a young age
- How to reduce risk of child sexual abuse
- What children should know at each stage of development, with specific examples of how to explain concepts and processes
- How to become their kids' preferred source of sexual health information
- How to normalize open, honest sexual health conversations in their family
- How to effectively answer even the toughest questions kids ask
- What will be covered in Body Science workshops for students
- This workshop will be delivered via live Zoom!

Join us!

When: Thursday, May 10, 2023 Time: 6:30 to 7:30PM SPONSORED BY BLUNDELL PAC

For more information about Saleema Noon Sexual Health Educators go to www.saleemanoon.com